



Asia
Triathlon
Cup

Cholpon-Ata
2024



2024 Asia
Triathlon
Cup

Cholpon-Ata

Athlete Guide



ФЕДЕРАЦИЯ
ТРИАТЛОНА
КЫРГЫЗСКОЙ РЕСПУБЛИКИ



TRIATHLON
CENTER
ТРИАТЛОН
ЦЕНТР



Кыргыз Республикасынын
Маданият, маалымат, спорт
жана жаштар саясаты
министрлигине караштуу
Дене тарбия жана спорт
департаменти

VISA



СТРАХОВАЯ КОМПАНИЯ
ГАРАНТ
КАМСЫЗДАНДЫРУУ КОМПАНИЯСЫ



NTT

GLOBUS

Ханпуз
УССЫК – КУЛЬ

14-15 September 2024
Caprice Resort



SWIM BIKE RUN

**2024 Asia
Triathlon
Cup**

Cholpon-Ata

14-15 September 2024
Caprice Resort



Contents



Overview 2

- General information 2
- Event organisers 3
- Key contacts 3

Key dates 4

Event schedule 5

Venue 9

- Swim course 11
- Run course 12
- Bike course 13



General information

EVENT NAME	2024 ASIA TRIATHLON CUP
NEAREST AIRPORT	MANAS INTERNATIONAL AIRPORT (270 KM FROM THE VENUE) WWW.AIRPORT.KG
ENTRY FEE	<p>50 USD PER PERSON THE LOC WILL COVER THE FEES FOR TWO ATHLETES (ONE FROM EACH GENDER).</p> <p>PAYMENT SHOULD BE MADE TO LOC - KYRGYZ REPUBLIC TRIATHLON FEDERATION (CONTACT: OFFICE@TRIATHLON.KG).</p>
<p>HOST HOTEL:</p> <p>CAPRICE RESORT CENTER</p> <p>CHOLPON-ATA, ISSYK-KUL REGION, KYRGYZSTAN</p>	<p>FOR THIS EVENT LOC PROVIDES: ACCOMMODATION & MEALS FOR 2 ELITE ATHLETES (ONE OF WHOM MUST BE A FEMALE) AND 1 OFFICIAL FROM MEMBER COUNTIES FOR 2 NIGHTS AND 3 DAYS, LOCAL TRANSPORTATION AND WAIVER OF ENTRY FEE.</p> <p>UP TO 8 ITOS CAN APPLY FOR FREE ACCOMMODATION & MEALS (3 NIGHTS 4 DAYS), REGISTRATION MUST BE DONE THROUGH THE RESPECTIVE NF IN WORLD TRIATHLON SYSTEM.</p> <p>TO BOOK A TRANSPORTATION, PLEASE CONTACT AIZADA KYNATBEKOVA OFFICE@TRIATHLON.KG</p> <p>HOST HOTEL PROVIDES SPECIAL PRICE FOR PARTICIPATORS: SINGLE ROOM - 75 USD PER PERSON TWIN ROOM - 55 USD PER PERSON</p> <p>BOOKING SHOULD BE DONE THROUGH LOC, PLEASE CONTACT OFFICE@TRIATHLON.KG.</p> <p>TRANSFER FROM THE AIRPORT TO THE HOTEL AND BACK IS PROVIDED AS A SERVICE OF THE ORGANISER: ROUND TRIP FROM MANAS AIRPORT TO THE HOST HOTEL (270 KM) – 40\$ PER PERSON.</p>

Event organisers

ORGANISATION	KYRGYZ REPUBLIC TRIATHLON FEDERATION
ADDRESS	10, FATYANOV STR. BISHKEK, KYRGYZ REPUBLIC
WEBSITE	triathlon.org/events/event/2024_asia_triathlon_cup_cholpon_ata

Key contacts

POSITION	NAME	CONTACT EMAIL
TECHNICAL DELEGATE	ELIAS BAYDOUN	ELIEBAYDOUN@HOTMAIL.COM
RACE DIRECTOR	ZHANYL ASANBEKOVA	EVENT@TRIATHLON.KG
NF CONTACT	ELENA LYZHINA-POLCHENKOVA	INFO@TRIATHLON.KG
VISA QUESTIONS, HOTEL AND TRANSFER BOOKING	AIZADA KYNATBEKOVA	OFFICE@TRIATHLON.KG



Thursday - Friday

September 12 - 13

- **ATHLETES ARRIVAL**

Friday

September 13

- **COURSE FAMILIARIZATION**
- **BIKE CHECK**
- **BRIEFINGS**
- **RACE PACKS DISTRIBUTION**
- **ACCREDITATIONS DISTRIBUTION**

Saturday

September 14

- **RACE DAY (MEN AND WOMEN ELITE)**

Sunday

September 15

- **RACE DAY (AGE GROUP) / DEPARTURES**



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Event schedule ▶▶▶

Dates, times
and venues

14-15 September 2024
Caprice Resort

Tuesday

September 10

Start	Finish	Event	Venue
10:00am	19:00pm	LOC Office	Kapriz Resort Center

Wednesday

September 11

Start	Finish	Event	Venue
10:00am	19:00pm	LOC Office	Kapriz Resort Center
tbc		Swim Training	Kapriz Indoor Swimming Pool

Thursday

September 12

Start	Finish	Event	Venue
ALL DAY		Athletes Arrival	Kapriz Resort Center
10:00am	19:00pm	LOC Office	Kapriz Resort Center
tbc		Swim Training	Kapriz Indoor Swimming Pool
16:00pm	19:00pm	Mechanic Service	Kapriz Resort Center Parking

Friday**September 13****Course Familiarization / Race Briefing**

Start	Finish	Event	Venue
0 : 00	12:00pm	Athletes Arrival	Kapriz Resort Center
10:00am	19:00pm	LOC Office	Kapriz Resort Center
		Swim Training	Kapriz Indoor Swimming Pool
14:00pm	19:30pm	Mechanic Service	Kapriz Resort Center Parking
15:00pm	15:30pm	Elite BIKE Course Familiarization	Transition Zone (meeting point)
15:40pm	16:10pm	Elite SWIM Course Familiarization	Swim Course
16:30pm	17:30pm	Bike Check	Kapriz Resort Center Parking
17:00pm	17:59pm	Registration Elite	Kapriz Resort Center
18:00pm	18:30pm	Briefing ELITE	Kapriz Conference Hall

Saturday

September 14

Start	Finish	Event	Venue
6:00am	6:30am	EARLY BREAKFAST ONLY for ELITE WOMEN, COACHES, LOC, TOs	
7:00am	19:00pm	LOC Office	Kapriz Resort Center
7:00am	14:00pm	Mechanic Service	Athlete Lounge
7:00am	7:30am	Elite Women Lounge Check-in	Athlete Lounge
7:10am	7:40am	Elite Women Transition Check-in	Transition Area
7:30am	7:50am	Elite Women Swim Course Warm-up	Swim Course
7:50am	7:58am	Elite Women Line up	Swim Course
8:00am	9:20am	Elite Women Race	Race Course
9:00am	9:35am	Elite Men Athlete Lounge Check-in	Athlete Lounge
9:05am	9:45am	Elite Men Transition Check-in	Transition Area
9:30am	9:50am	Elite Men Swim Course Warm-up	Swim Course
9:50am	9:58am	Elite Men Line up	Swim Course
10:00am	11:15am	Elite Men Race	Race Course
11:30am	11:40am	Medal Ceremony	Podium



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Venue



Map markings
and courses

14-15 September 2024
Caprice Resort



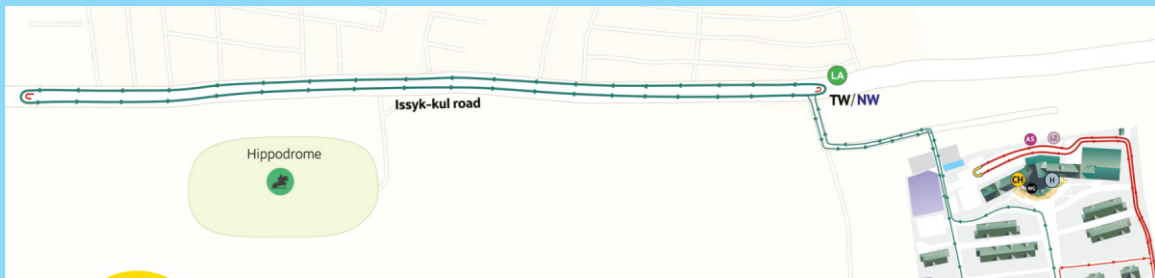
Swim course

750 m - 1 lap



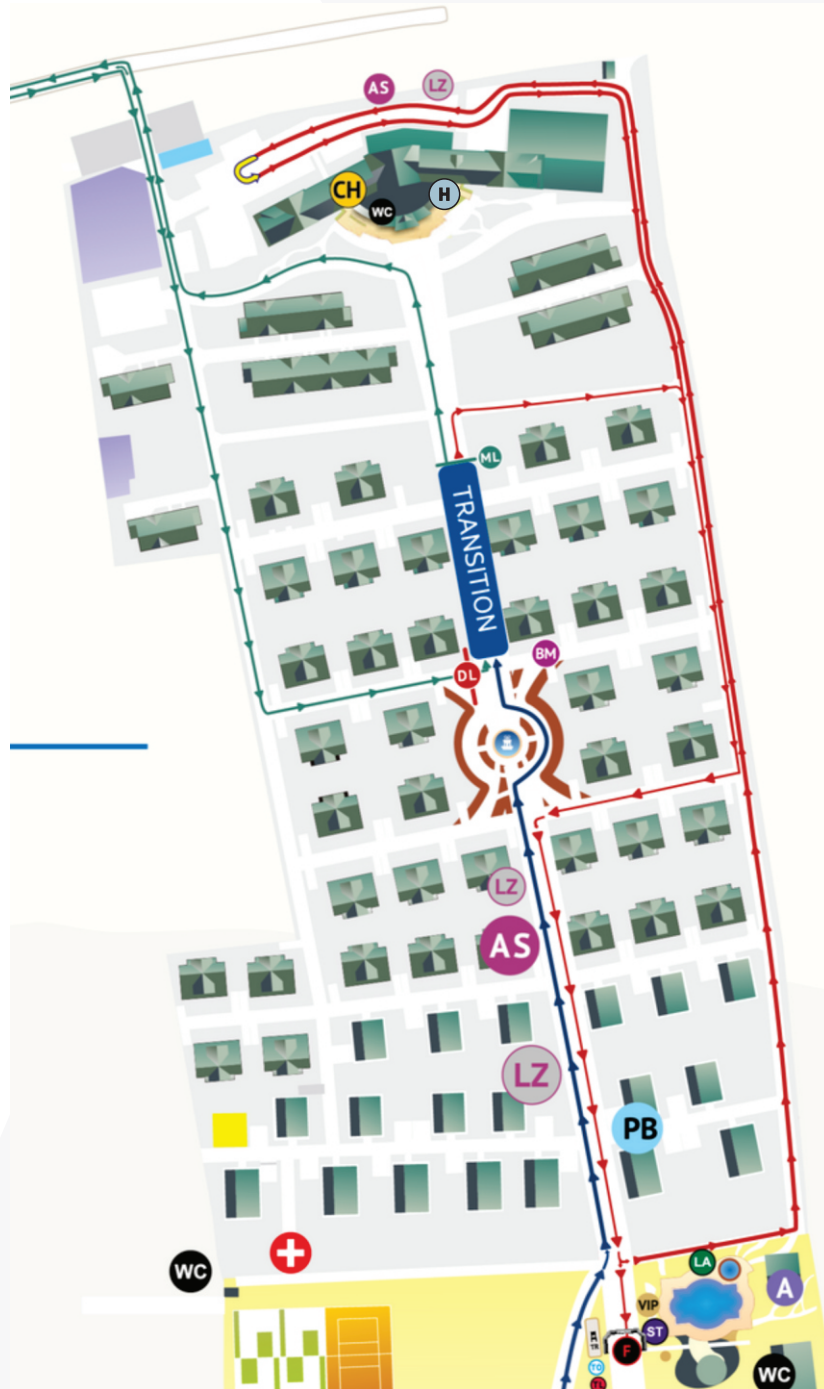
Bike course

20 km - 3 laps



Run course

5 km - 4 laps





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